



Family, safety, respect, excellence, integrity and unity

Course	Surf Rescue Certificate (SRC2 – December 2023)
General	The aim of this course is to provide participants with the skills and knowledge of basic patrolling and surf awareness in order to be able to participate in lifesaving operations. This is the entry level award to be a surf lifesaver in Australia.
Requirements	<ul style="list-style-type: none"> • Current financial club member • Minimum age 13 years • Swim 200 metres in under 5 minutes • Parental approval if under 18 years of age
Registration	All registrations to be made via the Club website.
Cost	\$30 per person. Note: The <i>SLSA Public Safety and Aquatic Rescue Training Manual - 35th Edition (PSAR35)</i> is available online and can be accessed via your Members Area portal.
Session Days & Times Club Training Room & Mullaloo Beach	<p>Compulsory Timed Swim: Craigie Leisure Centre, date and time TBC</p> <p>Dry sessions: 6:30pm-8:30pm in Mullaloo SLSC Training Room, (Parents of U18's are required to attend the 1st hour of this session).</p> <ul style="list-style-type: none"> • Monday 4 Dec • Monday 11 Dec <p>Ocean sessions: 8am-11am on Mullaloo Beach</p> <ul style="list-style-type: none"> • Saturday 9 Dec • Friday 15 Dec • Saturday 16 Dec • Monday 18 Dec <p>Final Assessment: Tuesday 19 December 2023 8-11am approx. Please allow for this session to run overtime.</p>
What to Bring	<ul style="list-style-type: none"> • Water • Towels • Sunscreen & hat • Change of clothes • Workbook pack and pen • Club bathers, club cap and pink/yellow vest <p><i>Note: Dry sessions do not require wet gear.</i></p>
Assessment	<ul style="list-style-type: none"> • SRC Workbook is completed to the required standard • Online Theory Assessment with 100% score • Final (SLSWA) Practical skills assessments demonstrating: <ul style="list-style-type: none"> - 100m run/100m swim/100 run in 5 minutes or less - Signals and radio operations - Demonstrate resuscitation and defibrillation. - Demonstrate board and tube rescues - Demonstrate lifts and carries - Patrol setup and scenarios
Questions	Please email education@mullaloosurf.com.au if you have any queries.