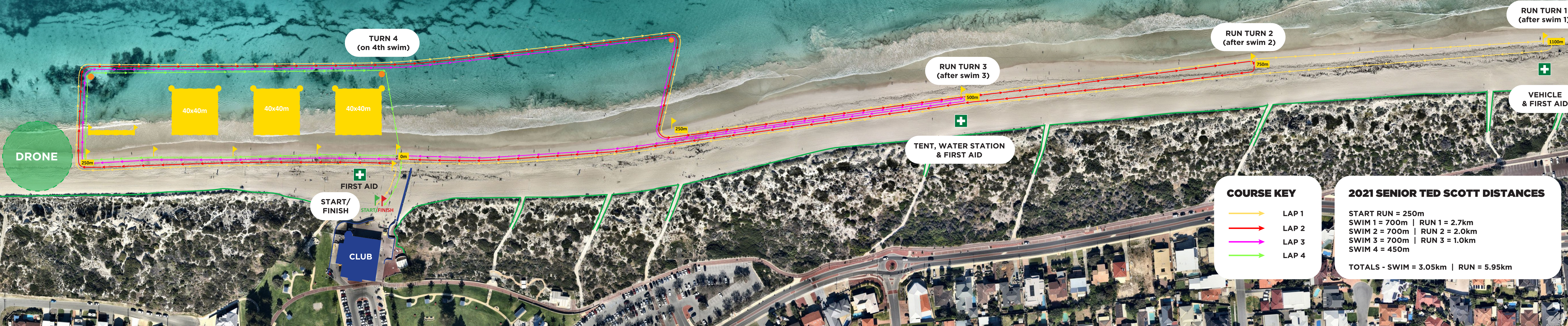


SENIOR COURSE



COURSE KEY

- LAP 1
- LAP 2
- LAP 3
- LAP 4

2021 SENIOR TED SCOTT DISTANCES

START RUN = 250m
 SWIM 1 = 700m | RUN 1 = 2.7km
 SWIM 2 = 700m | RUN 2 = 2.0km
 SWIM 3 = 700m | RUN 3 = 1.0km
 SWIM 4 = 450m

TOTALS - SWIM = 3.05km | RUN = 5.95km