

NIPPER COURSES



COURSE KEY:

- u6, u7, u8 – Start, Wade, Finish
 - u9, u10 – Start, Wade, Swim 1, Finish
 - u11, u12 – Start, Wade, Swim 1, Swim 2, Run, Finish
 - u13 – Start, Wade, Swim 1, Swim 2, Swim 3, Run 2 (drink available), Finish
- Note: Swims are only permitted in swim arena's 1, 2 and 3 with adequate water safety.