

# Mullaloo Surf News

Mullaloo Surf Life Saving Club Newsletter

FEBRUARY 2011



## WELCOME TO THE FEBRUARY MULLALOO SURF NEWS

**Fantastic February:** This is when the training races up to full throttle. The focus and the energy becomes palpable, also the sense of anticipation that the State Titles are just behind the next wave. Strong words and strong sentiment maybe, but for quite a few of our members, this is the time to get serious. Alas, if you missed the Masters last weekend, then as we said in the sixties "you probably weren't there". The gathering masses that at a glimpse you could see that Surf Lifesaving has been in good hands for about a thousand years. The Mohair rashie in many a splendid colour adorned the beach; similarly the girls were in fine form taunting the men from their lycra laden arena. Mullaloo has not hosted a carnival for over eight seasons and yet last weekend we had the State Country and the Masters titles on the Saturday and Sunday respectively. The club should congratulate themselves on a fabulously run event and an equally fantastic performance.

I have it on good authority that there are few casualties following 'V' day. The silly minority that forgot to pledge their feelings of fidelity and to lubricate the foundation of what life is all about Chocolate & Roses. Discussion has reigned for years about a hostel for the 'forgotten' middle aged man who for the best part lives his life for the weekend down the club, preferring not to fix the sprinklers and be home in time for dinner. Well, for an annual fee the reality of that hostel is just an envelope away. Of course your contribution to the hideaway will be to cook and clean, maintain the garden and best of all share a room with an equally displaced old man who engages in Tuvan throat singing into the small hours of the night. The choice is yours.

## WHAT WAS OCCURRING?

History as we know influences the future, so while I was browsing the Annual Report for 1995, it became clear that a few cultural issues have not changed.

For example the treasurer – **Echo Widermanski** commented on the fundraising efforts throughout the season, mostly attended by 'the same few'. Sound familiar?

There were 64 new bronze medallion holders this year. The only remaining members from that year are **Andy Penny, Craig Blake** and **Steve Part**. **Luke Leeder** received his SRC while **Kim Allen, Kokky, Les Culverhouse, Ray Carter** and **Godfrey Lawson** attained their IRB drivers. In 1995 **Barb Carter** received her Advanced Resus award – the rest is history!

Mullaloo won the Junior State Champs in 1995, **Jenny Wilke** managed the shop, **Jeff Davidson** won the national tile for the open sprint and **Mooney** the U/18 Flags. The club had 952 members, accumulated 7500 patrol hours and a new surf boat cost \$13,000.

Sounds like it was another great season.

## OFFICE HOURS

9.30am – 2pm  
Tuesday to Friday

## JUNIOR HAPPENINGS

**27 February**  
Trigg State Qualifier Carnival  
**19–20 March**  
Sorrento State Championships  
**27 March**  
Trophy Day

## REMINDER...

A reminder about the (senior) **Surf Premiership Series Round 2** competition at Trigg SLSC this Sunday **February 20** starting at 8.00 am. Cost is \$17.00 which can be paid at the office.

## SURF CAGE SALE

Sunday 20 February

In the Courtyard  
Come along and get  
some bargains



## EVENT CREW

Mullaloo Surf Lifesaving Club has been busy over the summer providing essential water safety to many private sporting clubs. These events usually kicked off before 7.30 am so our start was as early as 5.30 am and finished at lunch time. The opportunity was taken with all hands on deck, so I would like to thank all those boys and girls who gave up their weekend to work at these events raising plenty of money for the club.

On the 30th Jan at Langley Park it was: **Mark Hills, David Rossow, Tracey Bartlett, Uppy, Younger but bigger Uppy, Anne-Marie Widermanski** (Pres), **Rob Szewczak, Rob** and **Anna Young**.

On the 5th of Feb at Champion Lakes it was, **Tracey Tenaglia** (FA), **Anna, Rob** and **Grace Young** (again) and **Luke Worthington** (who took all the skin off his calves using his legs to paddle the board into the wind!).

On the 6th of Feb at Champion Lakes it was, **Gill Berry** (FA), **Rob Szewczak** (again), **JP Schailee, Josh** and **Jared Clarke, Uppy, Younger but bigger Uppy** (again) and **Peter Hainsworth**.

Thank you once again and I am sure your fellow members will be thanking you around the club.

There are 2 more events coming up and for one of them there are still a couple of places to fill. It is on a Friday morning on the 4th March so if you are able to assist and would like the recognition and respect of your fellow club members as well as patrol hours, please contact: Chris on: [cha02233@bigpond.net.au](mailto:cha02233@bigpond.net.au)

## COUNTRY CARNIVAL AND CYCLONE BIANCA

The 2011 country carnival was hosted by Bunbury surf club and it happened on the same weekend as cyclone Bianca hit the Perth scene. Country carnivals are scheduled around Australia Day, however this year as January 26 fell on a Wednesday; it made a weekend trip to Bunbury a good option. So, many people made their way down on either the Friday or the Saturday. Cyclone warnings were the order of the day on Friday with Bianca scheduled to make landfall on Sunday. Most people thought that this was a safe margin for error; however, a thunderstorm early on Saturday morning caused competitors from some clubs to turn around and head for home.

As it happened, Saturday morning at Back Beach in Bunbury was calm and balmy with smooth seas. The threatened cyclone that should have hit Bunbury early on Sunday and associated thunderstorms were non events and we all returned home relieved that there had been limited damage from the earlier thunderstorms and the cyclone had lost its teeth by the time it arrived.

Weather is a critical element in holding any sports events, especially for those in the ocean. Monitoring the weather closely and making sure we are not risking the safety of our members is paramount and we made the call to press on.

That's enough about the weather, how did the rest of the carnival go? As usual with country carnivals, there is plenty of après ski once the events are completed and the younger members of the club usually find plenty of things to entertain themselves. While the parents did their level best to make sure things did not get out of hand and still enjoyed themselves. A note to all parents and juniors that they represent the club at these events and any behaviour reflects upon Mullaloo and can impact our ability to get access to the facilities in future years. So please ensure we keep things within the limits of good clean fun. Country carnivals are events that the kids will remember for a lifetime, let's make sure they are all good memories.

While country carnivals are hotly contested, they do not carry the same pressure as the state championships. Bunbury fielded a lot of strong competitors – as did

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## FLAUNT IT!

Club  
Fashion  
Parade

Friday 25 February

MULLALOO SLSCLC EVENT OF THE YEAR

6.30pm for a 7pm start

50th Celebration Wine Tasting included

\$5 entry  
in club hall

Followed by

Minute to Win IT

MC Mr Andy Penny

Come and join the fun and absolute frivolity that involves dressing up and being in the moment. The Minute to Win IT event has promised to bring on some serious funny business. Make it a date!

A must attend, lots of fun showcasing club models and merchandise!

## VOLUNTEERS... PLEASE VOLUNTEER!

We require **8 life guards** for an event at Mullaloo for various schools on **Friday 4 March**. It will raise money for your club and you receive patrol hours – BONUS!

If you are able to help please notify Chris on [cha02233@bigpond.net.au](mailto:cha02233@bigpond.net.au) or 0409 294 935.

Thank you in anticipation.

Country carnival and cyclone Bianca cont.

Mullaloo who was well represented. So a big thank you to all that made the trip under the shadow of Bianca and made a good showing for our club. Hopefully a good time was had by all.

Temperatures soared during the day making the sand a trifle hot for the beach events, especially the flags. Liberal doses of water were needed to keep the arena cool. It also serves as a warning that while making sure you and your kids are drinking plenty of water, you also need to keep your body temperature down, so its a good idea to cool off in the ocean as often as possible. Much of Mullaloo slept over in the local caravan park and made moderately merry.

Thanks to all the members who assisted with the event, from water safety, to equipment transporting, to the competitors and parents for taking part and for the host of invisible volunteers who make these things happen.

## HEROES FOR FIFTY YEARS

The time is drawing near to acknowledge our 50 years of community service.

Check the dates, prepare your best frock and dust of the Spandau Ballett twin breasted suit.

# 50<sup>th</sup> Celebration

## BLACK TIE GALA EVENT

**Saturday 16 April, 2011** at MLSC includes beer, wine, champagne and celebration cocktails, 6.30pm to midnight with **Freehold Jazz** from 6.30–8.30pm and **LA Gold** from 9pm–12midnight.

Ticket sales available soon.



## PRESIDENTIAL MEANDERINGS

The natural environment continues to challenge many of our fellow Australians. Despite the hard work of a few club members, the planned fundraiser for the Queensland Disaster Relief had to be cancelled. I ask that each member consider what support they can give to the appeal of their choice – and follow through with the commitment. We never really appreciate what we have till it is threatened or lost – don't be complacent.

January was a busy month and the Country Carnival at Bunbury was no exception. Thanks to **Carlo, Sandy and Mike** and their teams who organised and participated in the carnival – doing Mullaloo proud. The greater majority of members put in a sterling effort – in competition and in support roles. Thank you for your contributions.

One sour note was the report of a small percentage of young members who chose to disrespect the caravan park in which they were staying and behave badly – putting at risk the positive and strong reputation for good behaviour that Mullaloo has developed over many years. Some members came close to being ejected from the park and some of the facilities were damaged. Unfortunately, the responsible

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## LIMITED EDITION WINE OFFER

Available NOW! Purchases can be made at the club bar.

Twin and Triple Gift packs available with combination of:

**Mullaloo Classic Cheeky White** – Classic White

**Mullaloo Good Legs Red** – Shiraz Cabernet

**Mullaloo Oarsome Bubbles** – Chardonnay Pinot Noir



## BOARD SHORTS

- The Board is working through interim and longer-term solutions for storage. Please assist by keeping gear in the right place, maintaining walkways, collecting and emptying rubbish bins and sweeping the floors every week.
- A number of competition events are to be hosted by Mullaloo in the next few weeks. Assistance is required to ensure the club is physically ready and the events run safely and are enjoyable for all.
- Alcohol has been found in the lower levels of the club (change rooms and gym). Members are reminded that alcohol is only permitted in the licensed area (Lounge and Hall). Members are also reminded that – if they break a glass – they must clean it up properly to prevent the risk of injury to others.

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*Presidential Meanderings cont.*

individuals were not identified. This behaviour will not be tolerated – and should it be repeated – there will be consequences. Unfortunately, it is the actions of a minority that are reflected on all of us – and I, for one, am definitely not happy!

I ask that all members lead by good example and display the club's values, in this 50<sup>th</sup> year – and beyond. Parents are responsible for their children under 18 years old – please make sure you are aware of what your children are up to – for their safety and your own peace of mind. Society sets standards for behaviour – and respect is just one of them, as well as being a core value for the club.

Mullaloo hosted the SLSWA Country Championships and Masters Championships last weekend. The club was asked to do this by SLSWA as no other club had requested to host the events. Such events require a HUGE amount of work in the background, and many of the people involved do not gain the recognition and appreciation they deserve. THANK YOU – a group of people were at the beach at sunrise (or 5am for those who do not have their eyes open at that time) and worked almost to sunset. **Carlo** and **Sandy** will be able to provide information on who helped – we kept a list for the first time! A group of competitors planning to travel to the Aussies were co-opted to assist – and I believe now have a new appreciation of all the effort that has to go into making such events run smoothly. Competitions cannot be held without beach/water work parties, water safety, officials, catering and support teams and general helpers.

There is ALWAYS something to be done to help in the running of some aspect of the club's operations. Please don't stand back and wait to be asked – approach a Director or club officer and offer your assistance.

The club website is proving popular – with some impressive statistics. Please let us know if there is anything you would like to see included, or if there is anything that needs changing or correction.

The club has received a letter of thanks from the parents of a young lad rescued in late January. **Jordan Puchar** and **Katrina West** were specially mentioned, however the parents also wish to thank the whole Patrol team on duty that day. Thank you to Jordan, Katrina and the Patrol – your efforts are a great example of our reason for being – and what an excellent outcome – a life saved and a family who are complete.

The club also recorded a noteworthy achievement – receiving a Group Citizenship Award in the Premier's Australia Day Awards. We attended the Australia Day ceremony at the City of Joondalup to receive the award. The representatives were **Sandy Clarke**, **Tracey Tenaglia**, **Josie Upston** and **myself**. The award recognises contribution to the safety and growth of the community in which we operate and covered activities from Nippers through to Masters, with a focus on education, lifesaving and fitness development through competition. To quote immediate past President, Mark Hills "why we are the coolest surf club in the world"... Just another bit of evidence in our 50<sup>th</sup> year!

Other happenings...

1. The 50<sup>th</sup> Birthday wines are available – please promote them amongst your friends.
2. The history book work continues – with Sandy continuing her hard work – in amongst her family, work and coaching commitments! We have had a couple of leads on noteworthy events in our history – please keep them coming. They may not make it into this first edition of our book – but will be recorded for posterity. Get ready to place your orders.
3. We do not have a lot of space so gear and equipment needs to be cleaned down (outside the Boatshed) then put in its correct place. Remember to keep walkways clear and don't create hazards for other members. It is not up to the patrols to clean up after everyone else – you use it, you clean/tidy up afterwards!

**Anne-Marie**

*Board Shorts cont.*

- The Board was addressed by **Louis Cheeseman** in relation to a schools Cadets program. Whilst his school may not continue with their Mullaloo association as they are located only a few hundred metres from Quinns SLSC, there are opportunities for the club to work with the schools in our catchment area.
- The Board was addressed by **Deborah Silverlock** with respect to the annual awards function and the need to ensure clothing/apparel requests are managed via the Director of membership. This is to minimise work as well as to reduce confusion and expense for members. Use of the club logo must receive Board approval beforehand.
- The Board agreed in principle to having a membership category for schools and remote community people visiting Perth. Details to be sorted out with SLSWA and also with reference to the Constitution (currently under review).
- The club's Lease with the City of Joondalup is up for review. A small working party is going to work on this.
- The Life Membership Committee has started reviewing suitable candidates for recognition – you will find out who at the club's Annual Awards function and the Annual General Meeting.
- Preparations are well under way for the annual contingent to travel to Kurrawa to represent the club (no longer Mulla – who?) as well as WA at the Australian Championships.

**Anne-Marie**

## BRAD AND JAZ RISING UP

**Brad Hill** and **Jaz Davies** attended the 2011 Rise Up Camp, a camp designed by SLSWA to further assist in the development of surf lifesavers between the ages of 15 and 17 years by enhancing their leadership skills and personal growth.

The four day camp allowed the lifesavers from the WA coastline to measure their psychological preferences on how they perceive the world and make decisions.

Such fundamental findings found that...

Ladies, we have Jason Bourne aka **Brad Hill** on the scene:

- He can afford to be a spy on the run.
- Brad trusts only the information he can sense through his tuned up senses. Don't be fooled that he is acting on Intuition. He's a cyborg and it's all about what he can validate.
- Brad measures decisions by what is reasonable, logical, causal, consistent and matching a given set of rules;
- He is happy to leave matters open, for further input; Brad may want to leave finishing a task until close to the deadline and be energised by a late rush of information and ideas; and Brad is ready to change plans if new information comes along.

**Jaz** aka *the Entertainer*, is generous and will go out of her way to help a colleague.

- She lives for the moment and knows how to.
- Usually self confident, is not threatened by conflict or criticism, Jaz is flexible and laid back, usually willing to defer to her mates.
- Warm, friendly and affirming emergencies.
- She enjoys lavishing loved ones with big gifts, good to have on your side, corporate suit your side make the most of each moment.

So... who does Jaz resemble... none other than Homer Jay Simpson, D'oh!

The Myers Briggs Type Indicator allowed our youth to gain an insight into the likes of their career selections whilst gaining a glimpse of their personality types. Overall both Jaz and Brad found this incredibly beneficial and will certainly be applying this to their everyday lives.

*Kathryn*

## SENIOR ACTION



Images courtesy of © www.7photography.com

## YOUTH NEWS

MSLSC's Surf Club's River Cruise Party:

**Friday 18th March**  
**Surf clubs'**  
**RIVER**  
**CRUISE**  
**PARTY**  
**7pm - 10pm**  
**\$45**  
**Bus / Cruise / Pizza**  
**Soft drinks / DJ**  
**age 15-17**

Tickets are available from the office and are selling VERY fast!

The same event last year caused some waves up and down the coast. It was rated as the best 'off beach' rage of the season. Get in fast because this is a blast.

## BROWN AND OUT...

Unfortunately no submissions for even our local talent of 'Brown and Proud' budgie smuggler wearers... C'mon where is the glory!



## SORRENTO JUNIOR CARNIVAL



To view more images from the December Junior Carnival at Sorrento go to: <http://www.7photography.com/gallery.php?gid=474>

## WIN A SURF BOAT FOR MULLALOO



**Calling all surf club members and friends that have a facebook account – we need 5 minutes of your time to win a surfboat worth \$28,000 for the club!!!**

The Navy is giving one away and we are seriously in the running, we just need everyone to jump on board and show them why we are the biggest and best surf club!!

ANYONE (*you don't have to be a MSLSC member but you do have to be over 18*) with a facebook account just needs to log on at <http://www.facebook.com/navyasrl> click the tab that says 'win a boat' and follow the prompts to 'join the race' and answer 5 simple questions. We'll even give you the answers:

1. 173
2. 10m
3. Honour, Honesty, Courage, Integrity, Loyalty
4. 25 knots
5. Surfboat rowing is about all 5 crew members working together as a team to maximise boat speed. (*Although, we are sure you can come up with something original!!*)

Five minutes may make the difference. So answer the questions online, tell a friend, tell your mother, tell the cat and dog (*yes, we've heard some have their own Facebook accounts*). If we pull together (no pun intended) then we could have that gleaming new boat (below) flying the Mullaloo colours in no time, The rest is up to you.



Thanks  
**Nerida Schmidt (Boatie)**

## JUNIOR UPDATE

### Board Repairers Wanted

If you can repair fibreglass and epoxy resin boards and have the time to help Rob, Geoff and Jeff with repairing about 20 boards, please email me and I will put you in contact with Rob.

[juniors@mullalooosurf.com.au](mailto:juniors@mullalooosurf.com.au)

*Thanks, Mike*

### Mid week training (u11s to u14s)

- **Monday** Beach training 5:30pm and Swim training 7pm @ Arena
- **Tuesday** Board training 5:30pm
- **Wednesday** Beach training 5:30pm and Swim training 7pm @ Arena
- **Thursday** Board training 5:30pm
- **Friday** March Past 5pm

### Trigg State Qualifiers (juniors) Information

**Players Tea:** 6–7:30pm in the club rooms Thursday 24 Feb

#### WA State Qualifiers at TRIGG: Sunday 27 Feb.

Program of events can be downloaded from the club website calendar event.

#### After Trigg Carnival Get Together: 5pm back at Mullaloo to relive the days events.

#### Board and Gear Loading:

Trailer will be loaded on Saturday 26 Feb. at 5:30pm, if you require a club board for this event you should come and help. Going by last weeks attendance for the Yanchepp carnival, we should have taken an empty trailer to the carnival.

Volunteers also sought to assist with players tea. Please contact Age Group Liaisons with your availability.

## COMPETITION

The weeks are passing very fast now and we are counting down to state and Australian Championships to be held in March and April respectively.

The past few weeks have been very busy, with the State Representatives competing at Manly and Freshwater and the interstates at Queenscliff, NSW. Their results were excellent including **Mitch Cavanagh** winning the U/17 Sprints and Flags and **Hayley Miller** second in the U/15 Flags. **Ross Briggs** also came second in the U/17 Rescue Tube. Our other competitors also had some great results and helped WA achieve an overall result of 3<sup>rd</sup> behind Queensland and NSW.

Mullaloo also sent a touring team to compete at the Manly and Freshwater carnivals in NSW. The team went over to experience the different conditions and develop their skills. They competed in many events and had some good results. The experience they gained will help them to develop as competitors for the State and Australian Championships coming up shortly.

On January 28, we travelled down to Bunbury for the country Carnival where we had a group of 30 Senior competitors compete in the very hot conditions. Once again Mullaloo were very strong on both the beach and the water with some great results.

On the weekend of 12 and 13 February, Mullaloo hosted the Country and Masters State Championships for SLSWA. It was great to see so many volunteers from the club assist with the setup, First Aid, Catering, Water Safety and Pack up. However, it was left to the same few people who help each time. It would be great to see a few more volunteers, so please help out when a call is made and it will benefit your club.

Mullaloo had a great representation at the Masters State Championships with nearly 80 competitors aged 30 to 64 years old from the club involved. The performances were fantastic with many medals won. Overall Mullaloo finished second to Trigg which is one of our best performances ever. The event was enjoyed by all and held in a friendly but competitive atmosphere.

This weekend Mullaloo will have the last round of the Beach Series on Friday 18 Feb from 5.30pm. This event will also run the Flags under lights, so if you have time to come down and watch the event from the club balcony as it will be a great spectacle.

The club will also be hosting the Champion Lifesaver event on Saturday 19 Feb. This event will start at 9.00am and the beach and water events are expected to start at around 11.00am. So again, it will be a great opportunity to come down and have a look at competitions we don't normally see at Mullaloo.

The club will then be travelling to Trigg on Sunday 20 Feb to compete at the Metro Carnival. This will be the only full carnival to be held in the CBD before the State Championships. Mullaloo has been performing well in competition this season so we are looking forward to some great results.

There are a number of other events to be held at Mullaloo over the coming weeks including, First Aid competition on 26 Feb and Champion Patrol Competition on 27 Feb. Our competitors will be competing at the Belt Championships at Sorrento on the 6 March and finally the State Championships at Scarborough SLSC on the 12-13 March.

So, all in all the next Month is going to prove very busy for the Senior Competition group and we will look forward to a very enjoyable time on the beach and in the water.

If you have any questions about competition, please contact Carlo Tenaglia (Director of Competition) at [competition@mullaloosurf.com.au](mailto:competition@mullaloosurf.com.au)

Thanks  
**Carlo Tenaglia**

If you have any contributions for the *Mullaloo Surf News*, please send them to [mllslc.newsletter@iinet.net.au](mailto:mllslc.newsletter@iinet.net.au).  
Thank you

## SENIOR COMPETITORS

A reminder to order your state shirt now.

The cost is \$30 and includes a bag and cap.

Those going to Kurrawa need to order a state shirt as the shirt is not included in the Kurrawa Touring Pack.

## MULLALOO WEBSITE

Keep up to date with what's going on in the club. The website calendar now has links to programs (as they become available) in each of the events.

Did you know you can send an expression of interest/ enquiries for an upcoming education course, social event, training, patrol roster or competition... just click on the event/course, put your details in and 'send' – it's that easy!

If you have something to post on the website please email the club at [info@mullaloosurf.com.au](mailto:info@mullaloosurf.com.au)

## FINALLY...

it was a great public spectacle (the masters) on Sunday. Hundreds of people having a phat time and more specifically the Mullaloo crowd cheering each other on. Some things are better not said, but if you look closely there is love amongst this salty cohort. Yes, the lycra was screaming, but in some ways... it was their time to gather together and make a noise.

Respect  
**Ed**