

Mullaloo Surf News

Mullaloo Surf Life Saving Club Newsletter

JULY 2010



WELCOME TO THE FIRST MSN FOR THE SEASON

This newsletter will contain up to date information on all facets of the club with events, patrols, exams, carnivals, calls for volunteers, a bit of gossip and with the help from the membership information about people who make up this great place.

You may be aware there is a new Board of Management and a new President. Their work is already rolling along making plans for a fabulous summer. It takes quite a few months to prepare an operational plan and a budget. The papers fly as the Directors lobby for funds and new equipment. The President keeps a sturdy eye on proceedings and ultimately runs protection for the Director of Finance. Once this is done then we are on the run toward October and the season proper! Good Luck.

Don't forget, if you have news, want to celebrate, like to generate a bit of good cheer, even sell some surf gear then email the club so we can include your piece of good fortune in the news.

Mr. ED "Bring back the brown"

FUNDRAISER

We are working with Tupperware to raise extra funds for the club, 10% of total sales will go to the club PLUS a bonus \$20 per party date.

There will be a 1st, 2nd, 3rd prize offered to the families that receive the most points! Booklet package available from the office.

It's so easy to earn points! You can earn:

- 1 point for every \$10 sold
- 20 points for each party date.

Anyone who books their party receives:

- 20 points on their tally sheet
- \$20 cash to the club.
- A Thank you gift worth \$60 minimum in value!
- A Host gift which can average about \$200 in value or more!

It is the best way to help your club and get some FREE Tupperware!!

There will be a display set up on Registration Day in mid September. Final orders will be due on this date. However, you can place and receive your orders before the due date and keep your tally sheet to continue collecting points!!!

For more information please contact Carolina on 0410 704 475, 6201 5950 or email at carolinacordeiro86@yahoo.com

OFFICE HOURS

9.30am – 2pm
Tuesday to Friday

MEMBERSHIP NEWS

Well, we have nearly arrived at that time of year again where club membership fees will be due. Once again, existing members will have the opportunity to renew their membership prior to Registration Day to avoid the rush.

ENROLMENT DATES FOR:

Existing Members:

6 – 29 August 2010 inclusive

Wednesdays 11am – 1pm

Fridays 5.30pm – 6.30pm

Sundays 9 – 10.30am

New Members:

Registration day for new members will be held in the club rooms on Sunday 19 September 10am – 2pm.

This is our only form of advertisement so please spread the word to your friends and family.

THE CAGE

Open Friday evenings 5.30 – 6.30pm. Come along and check out the new gear in stock and beat the rush before the start of the season.



WORLD CUP FEVER HITS THE CLUB, WHAT A NIGHT!

On Friday the 2 July, the Club was transformed into a 'football' paradise, with international flavoured stuffed spuds and 'Golden Goals' but not a vuvuzela in sight!!!

The boaties put on a great show for another 'Fifty for Fifty' fundraiser. A crowd of about almost 100 clubbies enjoyed a night of soccer games and frivolity. Highlights of the night included a constant hammering of the 'Golden Goal' kick board, with many players trying in vain to hit the elusive target. In the end it was decided by a penalty shoot out between Andy 'Left foot' Penney and Brett 'Sharp Shooter' Gould ... with Andy spraying 'em all over the joint, Brett was a safe bet to take out the World Cup Trophy and a brand new soccer ball. Well done!

The teams game for the night was a frantic fifteen rounds across the three 'fooz ball' tables. The kids tried valiantly to keep up with the blokes and ladies, but it was experience and superior guile that saw the teams of Craig Blake – Phil Bartlett, Paul Beattie – Jack Beattie and JP Dooley – Steve Fisher in the final round. The boys 'got serious' as the bell went for their 2 minute rounds, but after two resounding wins, it was Craig and Phil that took home their World Cup Trophy and a bottle of plonk.

Thanks to everyone who chipped in to make another great contribution to the \$ total and leverage the 'Fifty for Fifty' offer of our sponsor, the generous Westpac Bank... it showed true Mulla spirit!!

See you all at the next 'Fifty for Fifty' fundraiser.



PRESIDENTIAL MEANDERINGS

Welcome to, or back to, the season 2010–2011. No doubt it will be a busy one for many – and hopefully everyone will be able to say "I put my hand up, and I helped!"

Welcome back to our renewing members – you have learned there is much to see, and be part of, in this amazing club where we spend so much of our time. Should you be one of those who has been content to sit back and watch until now – please give serious thought to becoming more involved, either in an active or support role.

Our club can offer many service and personal development opportunities – your imagination and your energy is the limit!

Continued next page.

LIFESAVING SERVICES

MEMBER INFORMATION PATROL SEASON 2010/2011

Patrols commence on the first Saturday in October and conclude on the last Sunday in March

Patrols are conducted on Saturday, Sunday and public holidays within the patrol season.

Members shall be dressed in accordance with national patrol uniform guidelines.

Members are required to pass a proficiency test to undertake duties.

Should any member have any queries regarding patrol duties for the 2010/2011 season please contact Director Lifesaving Services.

Narciso Astone

narcisoastone@optusnet.com.au

GYM ACTION

A Gym policy will be in place within next two weeks. This is about safe practice and respecting the environment. The Ceiling issues will also be fixed this week. This should help dampen the screams from the petitioners who have made their opinions known. Hey that's feedback. You may also notice that there is some ongoing maintenance of the equipment. The heavy training sessions are just around the corner.

Remember please report any damaged equipment rather than attempting to fix it yourself.

From previous page.

The Board of Management has been confirmed, and for the House portfolio, elected, for the coming season. It is great to see so many Directors continuing in their previous roles, with some of the retiring Directors making the commitment to service in other roles. There are some new faces on the Mullaloo Board of Management this year – make them welcome, and offer your assistance, support and respect to the management team.

The incoming Directors are:

Jacque McGregor – Administration
Paul Beattie – House
Mike Bubrzycki – Junior Activities
Narciso (Chiz) Astone – Lifesaving Services
Lyn Brosens – Membership

A HUGE thank you to **Mark Hills** who has retired as President – what an amazing five years of service in this key role. Mark was Director of Lifesaving Services for three years before that. Enjoy the break from the hot seat Mark – but you won't be able to hide – your talents will be put to good use!

There are five outgoing Directors, all of whom brought a unique brand of enthusiasm and innovation to their portfolios – thanks to their contributions, Mullaloo continues to excel. On behalf of the membership of this amazing club – THANK YOU.

Ian Allen (Administration) served for three years, and he is also continuing in a support role as Coordinator for the publication of our 50 years history book.

Chris Hainsworth (House) served for only one year, however he has made sure our member amenities are more appealing, and safer through his organising of the balcony upgrade, and the outdoors area.

Brett Warner (Junior Activities) served for three years as well – and exposed some of our younger members to the world of military discipline and challenges – participation was enthusiastic, to say the least. Thank you Brett.

Barbara Carter (Lifesaving Services) who served in that role for three years, and has served on the Board in other roles prior to that. We hope Barbara will still be around the club indulging her other passions of education and lifesaving competition.

Debbie Silverlock (Membership) served on the Board for three years – and we now have what is arguably the best club apparel shop in the country. Debbie will continue to rule as Queen of the Surf Cage.

The Board is about to launch into the next stage of our club's development with a Strategic Planning Workshop to be held during August. Many ideas were collected during the Member Forum held in February 2010 and these will be used to help form our Strategic Plan for the next five to ten years. Strategic Plans are never set in concrete – so it is highly likely this document will evolve over time – which is as it should be.

Finally, our Sponsors and supporters are an integral part of our club's sustainability – make sure you choose their products or services, and don't forget to tell them you are a member of Mullaloo.

I look forward to seeing you about the Club – getting involved and working together to serve our community while having fun with family and friends.

Anne-Marie Widermanski

JULY BOARD SHORTS

This section of our Newsletter will present a summary of matters addressed by the Board of Management at its monthly meeting. Feel free to speak to any of the Directors if you have any queries or feedback. Constructive criticism is OK, PROVIDED it is accompanied by some ideas to improve!

Team building: A number of Committees have been confirmed, or are being established this season. The purpose of these is to share the work, and to involve more people in the operation of the club

Membership: Dates for membership renewal, and for new members to enrol, have been set. Make sure you get in early.

House: This group has hit the ground running, with plans to rejuvenate the Social Committee and to develop a sustainability plan for the building to include repairs, maintenance and improvements, working in close association with the City of Joondalup.

Competition, and by close association, **Coaching** is also off to a flying start, with Mullaloo to host some interclub carnivals again – a welcome return.

Lifesaving Services: set to develop patrol management.

LOUNGE LIZARDS OR LIZARDORINI'S –

Come on down to the Club Lounge.

We now have a glass balcony for your added comfort.

The Ski Paddlers (God's own bunch of middle age men) have decided to feed the masses. Blessed are 'they' who make the food for others.

Italian Pasta and Pizza Night

**from 6.30 pm on Friday 23rd July
at the Club**

A 50 4 50 Fundraiser

**Brought to you by the Saturday morning paddlers,
Westpac and the Club**

Please come along and enjoy a great meal

**You will be supporting the Club by helping raise funds via
our unique Westpac sponsorship deal**

COMPETITION

The new Lifesaving season is soon approaching but the Competition season kicks off on the 24 July with the first of the Ski and Board series at Mullaloo SLSC. The second event of the series will be run on the 15 August also at Mullaloo SLSC, so there is an opportunity for water competitors from U/15 through to Masters to get fit and have some fun with competitors from other clubs. For more information, see the Surf Life Saving Western Australia website at www.mybeach.com.au or see the club emails which are sent out before each event. All are welcome to come down and watch the events.

There is no such thing as an off season at Mullaloo. Some training sessions have already commenced for Senior competitors, including Ski Training on Tuesday evenings at 4.45pm and Board Training on Thursday evenings at 4.45pm. Ski training with Rick Duncan at 8.00am on Saturday Morning at the Johnston St boat ramp in Mosman Park. There are also general fitness training sessions at the Club on Sundays at 9.00am. There is a beach training session and an Ironperson session for all Senior and Masters age groups.

Remember that competition in Surf Life Saving is as much about participation and enjoyment as winning, so get involved and become a participant in any of the competition areas of the club.

Don't forget that the club conducts swimming training at the Joondalup Arena on Monday and Wednesday nights. These sessions are offered to all members to enable them to build up their strength and speed for competition and general fitness. Sessions are:

Monday: U/11 to U/14 - 7.00pm, U/15 to Masters 7.30pm

Wednesday: All Age Groups 7.30pm

Cost: \$3.50 entry (paid to Joondalup Arena) and \$3.00 paid to coaches

If you have any questions, please contact Carlo Tenaglia (Director of Competition) at carlo.tenaglia@gmail.com.

Thanks
Carlo



**14 August
and
29 August**

From 9am... until tidy.

It's time to clean up our backyard. No it's not your psychologist or that darken conscience of yours nudging you along. The season past has generated a great deal of activity and while we have been extremely busy we have also managed to tuck things away with the intention of disposal. All that careful storage has now reached its end date or is in disrepair, so we need to clean up the club house. The morning will fly by and maybe you might just find that thong(s) you lost last summer.

LATEST NEWS!

FRIDAY NIGHT MEALS

If we are not throwing a 50 4 50 Fundraiser Friday Night Dinner at the club, FEAR NOT! Your taste buds will still be catered for starting Friday 30 July, 6pm. Meals will be, adults \$10-\$20 per meal and children \$5.00.

So get social and come along Friday evenings – consider this your personal invitation.