

Mullaloo Surf News

Mullaloo Surf Life Saving Club Newsletter

AUGUST 2011



AUGUST MSN

Welcome to the first newsletter of the 2011–2012 surf season. Yes, I understand that it's footy season however for the minority it is business as usual. Mullaloo beach in the winter can be an idyllic place for a quite stroll or simple contemplation with crystal clear waters and a gentle wash up onto the beach. The beach can also demonstrate its winter fury with crashing waves and incessant breezes which takes its toll on the coastline. The experience of the seasons is quite special and to be enjoyed.

July represented a time when the new Board of Management got together and began the cunning plan for the season. Some of the initiatives from last year will be continued to provide consistency for the membership. The President will expand on this issue. I can say that the membership in general has been quiet in regard to feedback or creative suggestions for social events or special Sunday afternoons in the club lounge. Bring back the voice, it works.

If I may I would like to recall some late information from the previous months when the newsletter was hijacked by an unconventional force called lethargy. I believe March was the last effort just prior to the assault on the Aussie titles.

The milestones that our members have achieved last season have been well documented. What you will notice this year is the change in how many of our young people have grown? Grown in stature? Grown in confidence? Grown as a person? This includes our mini lifesavers under construction to the mini adults challenging the boundaries. For the majority the parents provide the momentum which so often is forgotten. Let's have another fantastic season; it's a collective effort that continues to set the benchmark for many other clubs.

The new season will hear the call for the volunteer once more. To volunteer your valuable time is to understand that there is a great deal of work that has been done to maintain this colourful circus we call the 'surf club'. So if you walked away from last season and believed that you have achieved something special or made a difference to someone or something, then welcome to the life of the beach. It feels great. If you didn't it's time you did!

The worst possible outcome is that the stranger you volunteered alongside might just become a very good friend!

The national survey on whether the red and yellow caps should stay was in the affirmative. That's one for tradition.

Finally, don't go into a reputable hardware store and ask for decking! I was sore for weeks.

Ed

If you have any contributions for the *Mullaloo Surf News*, please send them to mlslc.newsletter@inet.net.au. Thank you

OFFICE HOURS

9.30am – 2pm
Tuesday to Friday

SURF CAGE

It's getting mighty cold down the beach if you have not noticed. Why not come down to the club and take a look inside 'the Cage' at our surf apparel. The jackets are wonderful!!!

HUGE STOCK TAKE SALE

Surf Cage open this
Friday 12 August 5.30–7pm.

\$10 off all ladies bathers.

THANK YOU

The Club would like to extend a special thank you to **Paul Rustidge** (Torquay Patrol) and his lovely wife **Kim** for collecting a bundle of **Little Annes** for training and lots of other fantastic gear that the club can use for training and first aid. Kim managed to secure all these items from UWA Hospital, where Kim works and which is now closing down it's training department.

We would also like to thank **UWA Hospital** for the donation and assure them that they will get well used and hopefully the Annes' will make a full recovery in time.



ROTTO SWIM 2011

Ross and **Ricky** just can't seem to get enough water activity these days. The Rotto swim is another example of how enthusiastic this bunch of mates are! I believe sister **Kirstie** and **Jamie Roberts** had a similar result. To the remainder of our intrepid swimmers who crossed the trench – which I have heard are many – well done.



Hi there,

In regards to the photo I sent earlier, top row from left to right is Chris Guard, Ricky Smith, Sean Noone, Ross Briggs, the bottom row from left to right (support crew) is Bobby Jovanovich, Michael Shaw, Gene Williams. Our time was 4 hours 36 mins, would also like to give a big thanks to Jim Deburnford for the use of his boat and his skippering skills – and not laughing too hard or losing our bathers when we did the nudie leg.

Regards

Ricky smith

Thanks for the letter Ricki.

NEW DIRECTOR OF YOUTH

Hi, I'm **Terry (Uppy) Upston** and have been a member of Mullaloo for 7 years and in that time I've been an Age Group Manager for 6 years, this season I'll be the AGM for the under 13 girls (Uppy's princesses). I am Vice Captain of Torquay patrol (some might say the 'vice' suits me well as I'm no a stranger in the bar), have been the IRB/Gear officer for the last two years and also assist in training for IRB drivers/crew, Bronze Medallion and SRC. I'm also in a rowing crew and was part of the event crew last season.

I do manage to have another life outside of the surf club, during the winter I'm involved with Joondalup Brothers Rugby. I work for the Education Department at Lockridge Primary school working specifically with behaviourally challenged children.

I'm a Dad of three boys, 2 of whom are active members of Mullaloo.



FINAL REMINDER FOR RENEWALS

Forms will NOT be taken AFTER 14th AUGUST 2011

Those existing members who have not registered by this date will need to enroll with new members on Sunday the 11th September if there are still places available.

Please contact **Karen** or **Robyn** in the office to make alternate arrangements if you are not able to re-register during this these times.

NEW MEMBERS Registration Day will be on Sunday 11th September 2011

MULLALOO SURF CLUB NUMBER PLATES

We are reducing the cost of the club plates to **\$290** (saving \$45). Available from the office.

BARGAIN!!

IF WE DON'T USE THEM WE'LL LOSE THEM

MEMBER RECOGNITION WORKING PARTY

A Mullaloo Surf Club taskforce is required to log member patrol hour's pre surfguard

We require 2-3 members who can spare a couple of hours a week for approximately 3 months to update surf club records.

A great way to give something back to the club and for all eligible members to be awarded their correct patrol service awards

For further information please contact the Director of Lifesaving, **Narciso Astone** at lifesaving@mullalooosurf.com.au or by calling 0403 009 401.

Thank you

WINTER SURFING 2011

The second half of winter surfing commenced 30 July 2011 with a club tailored coaching program run by Surfing WA. The package includes the provision of wetsuits and boards. Additionally, everyone participating will be awarded a Certificate of Competence for the level reached over the program. There is an option for a casual rate and that is highlighted in the schedule. Need to know more, then please contact **Jeff Baker** jeffnali@optusnet.com.au.

\$100 for all 8 lessons (includes competition) or individually as below.

Saturday, 30 July 2011 10-12noon Mullaloo Nth Pt. Surf Lessons Surf WA \$20
 Saturday, 6 August 2011 10-12noon Mullaloo Nth Pt. Surf Lessons Surf WA \$20
 Saturday, 13 August 2011 10-12noon Mullaloo Nth Pt. Surf Lessons Surf WA \$20
 Saturday, 20 August 2011 10-12noon Mullaloo Nth Pt. Surf Lessons Surf WA \$20
 Saturday, 27 August 2011 10-12noon Mullaloo Nth Pt. Surf Lessons Surf WA \$20
 Saturday, 3 September 2011 10-12noon Mullaloo Nth Pt. Surf Lessons Surf WA \$20
 Saturday, 10 September 2011 10-12noon Mullaloo Nth Pt. Surf Lessons Surf WA \$20
 Saturday, 17 September 2011 10-12noon Mullaloo Nth Pt. Surf Comp. Surf WA \$20



MARKETING



I am **Chris Hainsworth**, Director of Marketing for the season 2011/12 and a very special season being our clubs 50th anniversary!

I am planning on putting some interesting plans in place, which will involve and encourage our sponsors but at the same time giving enormous benefit to you as members and not just in

terms of financial support to the club.

In order for me to achieve these goals I will require the support of all our members and sponsors alike.

Firstly, if you would like to promote your business or a business you work for through the surf club and beyond please let me know or if you would like to be involved in the marketing team please let me know.

I will be introducing some exciting programs to introduce sponsors and members etc.

Some of these will be things such as bringing back "chase the ace" on a Friday night. I will be introducing MBE which will be the Mullaloo Business Enterprise consisting of a **proactive** business networking group.

There will also be a sponsors and members business directory placed on the web site where you will be encouraged to go and utilize the services of members and sponsors. Along side this, the 100 club board will be offered to the members on the directory to place their business cards as another avenue for you to make use of their services.

There will also be Sponsor exhibitions and functions through the season.

There is still a lot more to work on and the details to be finalized but I am currently meeting with potential sponsors and thinking about structuring the programs through the season.

So if you would like more information please contact me at marketing@mullalooosurf.com.au or 0409 294 935.

We're celebrating 50 years



Keep an eye out on the website and future newsletters for the big celebration day in November!

WINTER TRAINING

Training times and venues are kept up-to-date on the club website [calendar](#) and notices emailed through the week.

SWIMMING – JUNIORS AND SENIORS

Monday and Wednesdays 7–8pm at Arena

SKIS – SENIORS

Tuesdays 5–6pm (that is on the water at 5pm) **at Mullaloo A and B squad**

Thursdays 5–6pm at Mullaloo – A squad

Saturdays 8–10am at Johnson St Boat Ramp Mosman Pk (unless other wise advised) – **A and B squad**

Sundays – Phat Chix 9.30am start at Mullaloo – All in!

BOARDS – SENIORS

Fridays 4.30–6pm (for 5pm water start) **at Trigg**

SURF BOAT (BOATIES) – 15+

ALL IN boaties training – this includes novice and experienced and anyone interested in joining fitness and boat time sessions over winter.

Fridays 5.30–6.30pm and **Sundays 8–9am**

BEACHIES CARNIVAL NOTICE!

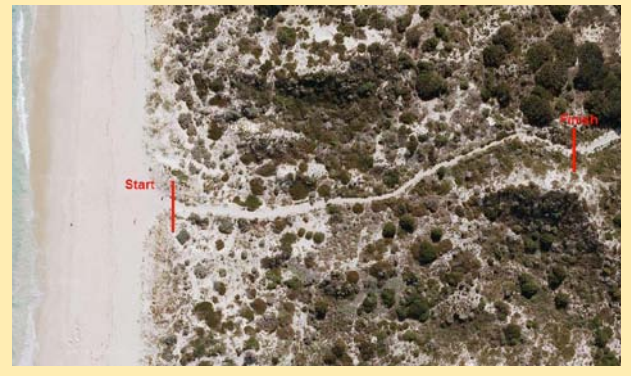
Pre-season Beach Series 1 Sunday 14 August @ Sth City Beach

The isolation and lack of parking in the area requires us to meet at City of Perth SLSC, warm up on the grass there and progress down to the pathway.

9am meet at City of Perth SLSC to warm up and car pool to location.

9.30am – 2 x timed races for each competitor

Path is on the corner of Challenger Pde & Bodmin Ave, City Beach



BROWN AND PROUD



Here we have a great example of being brown and proud. This is not about the person but about the subtle undertones of the picture itself. To gaze at this shot after a couple of ice cold Chardonnays one could ask if the brown is saying something to the tradition that is Navy. Sometimes less is more! Believe it or not.

The success of the Brown speedo last season was astounding. Thank you for having some fun with our history.



“brown floater seen in Gin Gin pool”

RELAY FOR LIFE – VOLUNTEERS REQUIRED

Relay for Life at Arena is on again on Saturday 22 and Sunday 23 October 2011 and requires volunteers leading up to the event, during the main event and to assist with pack down. The main event begins 12pm Saturday through to close 12pm Sunday.

A range of volunteer tasks includes:

1. Pick up and deliveries
2. Pre- event support including document and kit preparation
3. Setting up and dismantling of marquees and tents
4. Assisting teams to transport tents, eskies etc to their team site
5. Team, survivor and volunteer registration
6. Administration, enquiries, support and information, merchandise sales and cash handling
7. Catering, parking and cleaning
8. Entertainment, team activities, midnight madness and children activities supervision

Every 5 minutes, another Australian is diagnosed with cancer. While survival rates are improving, cancer remains a leading cause of death. The Cancer Council Relay for Life raises vital funds and enables us to fight back against cancer.

Funds raised by the Relay for Life teams help the Cancer Council to:

- Investigate new ways to prevent, detect and treat cancers
- Educate people in our community about ways we can reduce our cancer risk
- Advocate for cancer control and influence government policy
- Support people during their times of greatest need with physical and emotion assistance

It would be good to see Mullaloo out there volunteering, if you can spare some time to help in this event please contact **Uppy** on 0407 275 220 or email youth@mullalooosurf.com.au

PRESIDENTIAL MEANDERINGS

The Annual General Meeting is now behind us, with 108 members plus visitors and guests braving severe weather to come down to the club and participate on Friday 24 June. One of our Life members, **Albert Fullarton**, travelled from Bunbury to attend – a big effort given the weather conditions – thank you **Albert**. A number of other members took the time to notify their apologies and, whilst they were missed, their interest is gratifying, thank you.

The Annual Report was the biggest ever – thanks to the superhuman efforts of our own in-house publisher, **Sandy Clarke**. I must personally apologise to our hard-working Director of Membership, **Lyn Brosens**, for hitting the delete button in the wrong place whilst editing my final draft, and removing the part of my report acknowledging her significant efforts throughout the season. THANK YOU **Lyn**.

Apologies for the incorrect name listing of the Gold medal U/19 Male Beach Relay State team. Should have read **Mitchell Cavanagh, Ben Curtis, Ben Deans** and **Jake Robertshaw**.

The AGM was also the forum for the confirmation of two new Life Members – **Mark (Hillsy) Hills** and **David (Willow) Wilson**. Life Member Committee Chairperson **Steve Dargie** presented a profile of each nominee before those in attendance voted. Congratulations **Hillsy** and **Willow**.

continued page 6...

A GLANCE AT THE PAST...

Season 93-94 was a season that witnessed member growth and a huge push with fundraising and sponsorship.

- The club had 258 juniors. **Alison Niemann** ran the gear shop.
- The Aussies were hosted at Swansea Belmont, NSW with 43 members travelling over. That year we finished a very proud 17th.
- We came 5th in the State Champs.
- **Luke Leeder** was the under 13 state flag champ.
- Bronzies still at the club: **Gary McCormack, Rachel Green, Les Pereira**.
- First Aid Cert: **Babara Carter, Jenni Wilke**.
- Resuscitation Cert: **Ray Moon & Dave Cronk**.
- Examiners: **Ray Carter, Anne-Marie Widermanski, Pat Donnelly**.
- Advanced Resus Cert: **Kim Allen, Godfrey Lawson, Babs Carter, Les Culverhouse, Ray Carter, Pat Donnelly, Greg Kelleher**.
- **Anne-Marie Widermanski** gained many awards this year including: examiners in ARC, Radio Operator Instructors, & ARC.
- The 1st prize in the club raffle was a car. The club made about \$11,000.
- **Steve Dargie** was the Director of Lifesaving Services & **Echo Widermanski** controlled the books.
- The most common denominator was the struggle to find volunteers.

Some things remain the same....unfortunately.

Presidential meanderings continued

The business of election of the Board of Management was also addressed, with nominations being received for eleven of the twelve positions. Nine of these were unopposed, and two required election as each had two nominees. A Junior Activities Director was later elected at the first board meeting of the season.

The Mullaloo Board of Management for season 2011–2012 is as follows:

President	Anne-Marie Widermanski	Elected unopposed
Director of Finance	John Hillen	Elected unopposed
Director of Coaching	Sandy Clarke	Elected unopposed
Director of Competition	Carlo Tenaglia	Elected unopposed
Director of Education	Mark Cleary	Elected unopposed
Director of Lifesaving Services	Chiz Astone	Elected unopposed
Director of Marketing	Chris Hainsworth	Elected unopposed
Director of Membership	Lyn Brosens	Elected unopposed
Director of Youth	Terry Upston	Elected unopposed
Director of Administration	Jacquie McGregor; Tracey Tenaglia	Tracey Tenaglia was elected
Director of House	Paul Beattie; Craig Humphries	Craig Humphries was elected
Director of Junior Activities	Bret Madden	Elected at Board after AGM

The new Board of Management will spend the next few weeks developing operational plans for the coming season and will be looking for members to assist. The opportunities are endless – so contact the Director responsible for the area of your particular interest, make yourself known, and come along for the ride. You can contact the Director via the office or the website – as each Director has a dedicated e-mail address.

The Board deferred the major event to mark the club's 50th year – to November. We also discovered this was around the time of the first official committee meeting, so the change is fitting. Discovery of more important facts in our past deserving inclusion in our history book also came to light and are being worked on as this goes to press.

Fulfilment is close to home... *The key to being happy is more attainable than you think... a research group spent 25 years tracking the happiness level of 60,000 people... and found that people who were persistently involved in altruistic activities such as helping people, or who kept busy with family goals rather than career or material success were more satisfied with life and experienced greater happiness...* This quotation is from the February 2011 edition Reader's Digest, and probably explains why so many of us maintain our involvement in surf life saving. The family values of Mullaloo are certainly a good starting point!

All of this cannot happen without a lot of hard work – and, as usual, the same people step up and assist. Each member should reflect and consider whether they are doing their fair share – please consider how YOU can become more involved from now on. Working together is a great way to get to know your fellow clubbies – many of us have established long-term friendships through shared experiences at the club.

The 2010–2011 season is now a part of our history, with preparations and related activities for the upcoming season already under way. Keep informed, check the website, read the Newsletter and come down on Friday evenings or Sunday afternoons and keep in touch!

BOARD SHORTS

The club roof is to be replaced by the City of Joondalup on a date to be confirmed.

Watch the website and Newsletter for further information.

Planning for the new season is already under way.

Mullaloo Wine

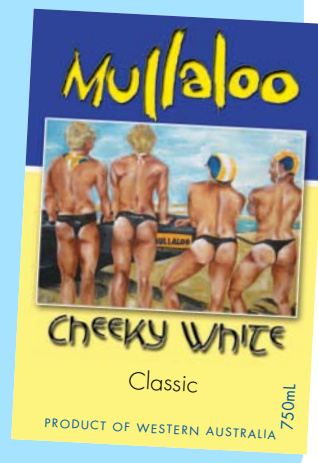
Available for purchase at the club bar.

Twin and Triple Gift packs available with combination of:

Mullaloo Classic Cheeky White – Classic White

Mullaloo Good Legs Red – Shiraz Cabernet

Mullaloo Oarsome Bubbles – Chardonnay Pinot Noir



FROM THE HOUSE

To quote my predecessor, "what a baptism of fire – bring it on." You're not wrong **Paul**; it really is a diverse portfolio full of opportunities and challenges. And I'm sure over time, like you, I'll find it also full of fun. It's been an interesting first week in the role; getting my head around both current and future projects, meeting key personnel involved with the role and having a good look around the property to see what needs doing. And on first glimpse, it seems there's plenty! Time to roll up the sleeves and get stuck in. Thankfully I've had great support from the group of friends that I join down the club most mornings for a bout of pre-work exercise. But beware guys that support is soon to become assistance!

Before I get too far, and speaking of friends, I'd like to take this opportunity to thank those of you that supported my nomination and also thank you to **Paul Beattie** for his support in handing the role over to me.

I'm pleased to say that one of the loyal early morning exercisers, **Garry Addison** has agreed to once again take on the role of Bar Manager. **Garry** dedicates more time to this role that most would know about and you'll all no doubt agree that he does a fantastic job. Thanks again **Garry**.

On the subject of our club bar, as we ramp up the social side of the club we'll no doubt require more bar staff to help spread the load. So if you're interested in helping out behind the bar and have a current RSA certificate please let **Karen** or **Garry** know on info@mullaloo surf.com.au

What a tremendous help our office manager **Karen Oliver** has been to me already. Thanks Karen, and I'm sure I haven't quite finished picking your brains yet.

Thanks to **Deb Kelleher** and **Judy Baker** who were very quick off the mark to volunteer their help with the planning of our future social events. It's great to see so much enthusiasm and dedication to help out. Thanks ladies.

On the night of the AGM I was introduced to a lovely, now let's see, how can I put this... senior member of the club who wanted to catch up with me in due course for a quick chat. I duly organised that quick chat and was introduced to the world of one of our quiet achievers around the club. **George McKie** has been doing handyman jobs around the club for many, many years and he wanted to know if he can continue to help out in the future as it keeps him active in both mind and body. **George**, of course you can and thanks for your help that you've given me already!

Tony Pilling, our culinary king, has expressed his desire to try new ideas to generate a regular crowd along for our meal nights and that's good for the club. So I know we all receive a stack of emails these days, but please have a quick look at what your club is offering via the club emails – it's our most effective form of communicating with you and Tony's specials won't want to be missed.

Anyone that visits the club on a regular basis would no doubt be aware that there's a lot that can be done to improve the club building, both inside and out and I'm already getting ideas coming in from passionate members that wish to see their great club become even greater. In a perfect world without budget and time constraints we'd simply go out and make it happen but unfortunately any major improvements have to fit with budgets and also the wider future plans for the club. Having said that though, there's enough to get excited about in the short term so bear with me and over time we'll see improvements made to make our club a more enjoyable experience for us all.

Well, it's early days and there'll be much more to report in the next edition but until then, be sure to come down on a Friday night for a hearty meal (keep an eye out via the club emails re: Tony's special meal offers over Winter) or a quick drink and remember that the bar is open on Sundays from 5pm so bring a plate of nibbles and watch the sun set over the lovely Indian Ocean from the warmth of our club lounge.

CURRENT BAR HOURS: Fridays 6pm – 11pm Sundays 5pm – 8pm

CLUB LOUNGE

A kind reminder to clear up your tables, put rubbish in the bins provided and return all glasses to the bar before leaving.

FRIDAY NIGHT MEALS

Each week Tony puts on a great feed – enjoy the atmosphere and social time with the following specials...

Scotch fillet steak in a mushroom sauce, creamy mash, steamed & veggies served with a glass of house wine \$26

Homemade beef lasagne, fries & salad served with a glass of house wine \$19

JERSEY LIFEGUARDS

No job is too tough for our Ricky – taking a 'winter' break lifeguarding in Jersey.

